



*2010 Beach Wrestling National Championships, World Team Trials,
National High School Beach Duals*

The coaches and wrestlers of the Team Titan – Worldwide Wrestling Club, Rochester, New York would like to invite you to participate in the 2010 Beach Wrestling National Championships, World Team Trials and National High School Beach Duals. This year's events will be held July 9 – 11, 2010 at Ontario Beach Park (Charlotte Beach), Rochester, New York.

All event documentation can be downloaded at:

- ✚ www.USATITAN.com (official web-site of Team Titan – Worldwide Wrestling Club)
- ✚ www.themat.com (official web-site of USA Wrestling)
- ✚ On line registration for this year's competition can also completed at www.themat.com
- ✚ If you are not familiar with beach wrestling or this event, visit either web-site to view our promotional video from last year's event!

Once again this year, the beach wrestling competition will run in conjunction with the Ontario Beach Sports and music festival. This year's event will include events for the entire family's enjoyment; Beach Wrestling, Volleyball, Pickleball, Kickball, Dodgeball, DJ's, and Break Dancing.

We hope you are able to plan your July weekend in Rochester, New York while participating in this year's events. If at any time you need additional information, please feel free to contact the following;

Lou Lombardo, 585-313-8503, LJLCLEAN@YAHOO.COM

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Monroe County Sports Commission, www.monroecountysports.org