

# CLIFF KEEN/WORLDWIDE SPORT SUPPLY

# FREE NORTHEAST COACHING CLINIC

Binghamton, New York  
Saturday Oct. 24 & Sunday Oct. 25, 2009

## SPONSORED BY



### INSTRUCTORS/CLINICIANS:

#### JEFF BUXTON,

Head Coach -  
Blair Academy (NJ)

- Rated #1 Scholastic Dynasty Program of the Decade (1991-2001)!
- Eight-time National Champions
- 28 Consecutive National Prep School Championships
- USA Wrestling Lifetime Achievement Award
- Asics Wrestling Advisory Staff

#### PETE CAPONE

Head Coach -  
Johnson City High School (NY)

- Three-Time NYS Team Champions (99', 03', 06')
- Produced Six NYS Champions & Three National Champions
- Produced 36 NYS Place-winners
- One of the Most Successful Youth Programs in New York!
- 2x all-American, NCAA Runner-Up (Hofstra University)
- US National Freestyle Team Member

#### SCOT DAVIS

Head Coach -  
Owatonna High School (MN)

- The Winningest Coach in Amateur Wrestling History!
- 903-135-4 Dual Meet Record
- 2007 USA Wrestling's National Coach of the Year
- 2006 USA Wrestling' National Coach of the Year, Runner-up
- 2005 Minnesota Class AAA Coach of the Year
- 1998 NHSCA National Coach of the Year

### SPECIAL GUEST:

#### PAT SANTORO

Head Coach  
Lehigh Univ. (PA)

- Rated as High as #7 Nationally
- Former Head coach, University of Maryland
- Led Terrapins to their first ACC Championship in over 35 years
- 2x NCAA Champion (University of Pittsburgh)
- 4x NCAA All-American (University of Pittsburgh)
- 1996 Olympic Alternate

### ITINERARY: (subject to change)

#### SATURDAY, OCTOBER 24

5:15pm - 6:00pm

##### CHECK-IN/REGISTRATION

6:15pm - 7:30pm

##### SESSION I (Buxton/ Santoro)

TAKEDOWNS - Set-ups, Finishes, Hand-Fighting, Clearing the Head, Live Situations

7:45pm-9:00pm

##### SESSION II (Scot Davis)

PRACTICE ORGANIZATION/  
PEAKING IN YOUR SEASON

9:00pm

##### COACHES SOCIAL

sponsored by Worldwide Sport Supply

#### SUNDAY, OCTOBER, 25

8:30am - 9:30am

##### SESSION III (Scot Davis/ Pete Capone)

BOTTOM WRESTLING - Creating Motion, Escapes, Leg Defense, Live Drills

9:45am - 10:45am

##### SESSION IV

- PREVENTING SKIN INFECTIONS (Defense Soap)
- LOG YOUR ATHLETE'S TRAINING (Session 6)
- NUTRITIONAL INFORMATION (Applebooster)

11:00am - 12:15pm

##### SESSION V (Buxton/ Santoro)

TOP WRESTLING - Breakdowns and Riding Drills, Turns, Tilts, Live Drills

#### SUNDAY, OCTOBER, 25 (continued)

12:15pm - 1:15pm

##### LUNCH - on your own

1:15pm - 2:15pm

##### SESSION VI (Scot Davis/ Pete Capone)

DEVELOPING/ PROMOTING YOUR PROGRAM

2:30pm - 3:30pm

##### SESSION VII (Jeff Buxton)

BUILDING YOUR PROGRAM INTO  
A PERENNIAL POWER

3:30pm - 4:30pm

##### SESSION VIII

Q & A, FREE SAMPLES BY VENDORS